

Prescott COMMUNITY EDUCATION & EXPERIENTIAL LEARNING 2026 Fall Schedule

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HANDS-ON LEARNING | SPECIAL INTEREST | TRAVEL & LEISURE

WELCOME TO COMMUNITY EDUCATION

From the Manager of Prescott Community Education and College for Kids Programs

Haley Green



Welcome to Fall 2026 at Yavapai College with Prescott Community Education!

Community Education – Prescott offers classes to learn new skills and have fun while learning. With no tests or grades, it's the perfect time to explore an interest, enhance your creative expression, increase your personal wellness, and/or add a new hobby to your life! Our instructors live and work in our community, and we have put together a selection of educational, personal enrichment and special interest courses we hope you will enjoy.

Be sure to enroll early to avoid cancellations. To browse and register, visit our website: **www.yc.edu/commed**.

Experiential Learning Trips include opportunities to explore the vast landscapes of central and northern Arizona. Travel the back roads to see local history come alive! Most trips depart from the Yavapai College Prescott Campus but be sure to check trip details for pick-up availability at Camp Verde. Trips fill up quickly.

Space is limited to 10 passengers per van, so be sure to sign up early at: **www.yc.edu/travel**.

Teach Non-Credit! Do you want to teach a non-credit class for Community Education? Earn a little and share a lot!

To share your passion or area of expertise for non-credit adult or children's classes, please contact us at: **commed@yc.edu**.

We hope to see you on the Yavapai College's Prescott campus this Fall semester! The Community Education office is in Building 31, Room 108. Mon-Fri, 8 am – 5 pm. Visit our website or give us a call at **[928] 717-7755** for assistance and to register.

Enjoy!

Visit **www.yc.edu/commed** or call **928-717-7755** to register

Where Lifelong Learning Flourishes

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Educational trips throughout
the Southwest and beyond!
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www.yc.edu/commed

Your next adventure in learning is just a click away!

- Browse and pay for classes and trips online
- View instructor biographies
- Read course descriptions and trip itineraries

Visit www.yc.edu/commed, and click on **Browse to Register**.

Other Ways to Register:

Register by phone: [928] 717-7755

Monday through Friday, 8:30 am – 4:30 pm

Walk-in registration at Building 31, Room 108 on the Prescott Campus. See map on last page.

Age Requirements:

Community Education classes are open to the public, ages 14+. Students under 18 attending a class must seek prior approval and have a completed Minor Student Permission form signed by parent or legal guardian.

Experiential Learning trips are open to the public and students 18+ years.

Fees:

Tuition fees are due and payable at time of registration. Fees vary in accordance with class length and other expense factors. Classes must meet minimum enrollment. In the event of any administrative cancellation, you will receive a full refund of your tuition.

Please enroll early. Classes will be cancelled one to two weeks prior to the start date if enrollment is too low.

Refund/Cancellation Policies

Community Education

More than 14 days before course start = Full Refund

8-13 days before course start = 50% Refund

7 days or less = No Refund

No Refunds given after course start date

Experiential Learning

Day Trip Cancellation

21 days or more prior to departure = Full Refund

15-20 days = 75% Refund

14 days or less = No Refund

[Unless substitute student is identified]

COMMUNITY EDUCATION COURSES

ANIMALS

■ CANINE BEHAVIOR

PCE-FA26-101 • Thu, 10/1 to 10/29/2026

6 - 8 pm

Bldg 3, Room 270 • Prescott Campus

This four-week course explores how dogs think, communicate, and respond to the world around them. You'll learn how genetics, environment, socialization, and learning history shape behavior, while building practical skills for reading body language, stress signals, play, conflict, and dog-to-dog communication. The course also covers common behavior challenges including fear, reactivity, resource guarding, and over arousal, with an emphasis on prevention and emotional wellbeing. In the final week, participants learn training foundations, desensitization, counter conditioning, and handler skills that support clearer communication, safer interactions, and stronger relationships with dogs. **Please note: In-class learning is without dogs. Home practice encouraged with dogs between classes.**

No class 10/15 due to Fall Break.

Mackenzie Dell • \$95

■ DEEPENING OUR HUMAN-ANIMAL BOND: HEALING, SUPPORT & MEANINGFUL RITUALS

PCE-FA26-102 • Tue, 9/22 to 10/27/2026

2 - 4 pm

Bldg 31, Room 102 • Prescott Campus

Animals are family—and the bond we share with them can bring profound love, healing, joy, grief, and transformation. This compassionate and interactive course is designed for animal lovers, veterinary professionals, rescue workers, caregivers, and anyone seeking a deeper connection with—and meaningful ways to support—the animal beings they love, care for, or work alongside. Together we'll also explore ways to honor and care for our own hearts through the tender—and sometimes challenging—experiences that come with loving animals deeply. **A \$10 materials fee payable to the instructor at the first class.**

No class 10/13 due to Fall Break.

Jennifer Baker • \$95

■ PET CPR & FIRST AID

PCE-FA26-103 • Thu, 11/19/26

5 - 8 pm

Bldg 30A, Room 126 • Prescott Campus

This course teaches students Basic Life Support CPR techniques useful in recognizing and responding to cardiac and breathing emergencies. First aid for pets discusses common techniques, i.e. allergic reaction, heat stroke, restraint, you can provide at home for your pet. This class includes a Power Point presentation followed by a live dog demonstration and manikin experience.

Valerie Maldonado • \$75

ARTS & CRAFTS

■ CREATING ABSTRACT ART FROM OBJECTIVE TO NON-OBJECTIVE

PCE-FA26-104 • Thu, 9/24 to 11/19/2026

2 - 4:30 pm

Bldg 31, Room 102 • Prescott Campus

Learn to see within the objective world that we live in. A simple way to create objective and non-objective abstract art using colors, shapes, textures, and composition. This class is open to any media, wet or dry, that is designed to be applied to a 2-D surface. The art can be created from photo reference or from an object. The student may also choose an emotion or state of mind to illustrate. Consider putting love, happiness, friendship, life, birth, etc., on canvas. The instructor will show photo references. **Suggested supply list available and bring your own art supplies to class.**

No class 10/15 due to Fall Break.

Ken Ottinger • \$160

■ DRAWING & PAINTING PET OR ANIMAL PORTRAITURE

PCE-FA26-105 • Thu, 9/24 to 11/19/2026

11 am - 1:30 pm

Bldg 31, Room 102 • Prescott Campus

What could be more rewarding than having the graphic art skills to capture the likeness of your beloved pet or favorite animal? I will introduce you to my five principles that will open the door to your creative skills: 1. drawing a likeness, 2. applied color theory, 3. becoming comfortable with your chosen media, 4. compositional theory, 5. developing your own style. This class is open to all media and the instructor will show photo references. **Suggested supply list available and bring your own art supplies to class.**

No class 10/15 due to Fall Break.

Ken Ottinger • \$160

COMPUTERS & TECHNOLOGY

■ INTRODUCTION TO COMPUTERS AND ARTIFICIAL INTELLIGENCE

PCE-FA26-106 • Tue, 9/29 to 11/10/2026

5:30 - 7:30 pm

Bldg 1, Room 226 • Prescott Campus

Introduction to Computers and Artificial Intelligence is designed for beginners who want to build confidence using modern technology. Students will learn computer fundamentals, file management, email, web browsing, internet safety, cloud storage, and the basics of Microsoft Word and Excel. The course also introduces artificial intelligence (AI), including how to use AI tools effectively and responsibly for everyday tasks, learning, and productivity. Additional topics include smartphone technology, cybersecurity awareness, and digital best practices. **No prior computer experience is required!**

No class 10/13 due to Fall Break.

Thomas Eastlack • \$100

FINANCE, INVESTMENTS & RETIREMENT

■ DISCOVERING YOUR PURPOSE, PASSION AND PEACE IN RETIREMENT

PCE-FA26-107 • Wed, 9/23 to 11/4/2026

6 - 7:30 pm

Bldg 3, Room 206 • Prescott Campus

Retirement is no longer simply about slowing down – it's an opportunity to rediscover who you are, what brings you joy, and how you want to live the next chapter of your life with meaning and authenticity. This inspiring 6-week course is designed for adults who want to create a more purposeful and fulfilling retirement. Through guided reflection, group discussion, creative exercises, and personal exploration, participants examine identity beyond career roles, reconnect with forgotten passions, strengthen relationships, nurture emotional and spiritual well-being, and develop a personal vision for an authentic life.

No class 10/14 due to Fall Break.

Cynthia Perpich • \$95

■ KEEP IT SIMPLE! AN INTRODUCTION TO INVESTING

PCE-FA26-108 • Wed, 9/23 to 10/7/2026

4 - 6 pm

Bldg 3, Room 269 • Prescott Campus

Investing doesn't have to be overwhelming. This three-session course builds a practical foundation for understanding today's financial markets. Students will develop a working vocabulary covering stocks, bonds, mutual funds, ETFs, and annuities, as well as learn a structured framework for evaluating investment decisions. Topics include basic portfolio construction, risk and return, asset allocation, and common financial planning pitfalls. Students will also gain insight into working effectively with financial advisors, accountants, and attorneys. Whether you are brand new to investing or looking to bring more clarity to decisions you are already making, this course cuts through the noise.

John Farmer • \$60

■ MEDICARE & MEDICARE COVERAGE BASICS

PCE-FA26-109 • Wed, 9/23 to 9/30/2026

9:30 - 11 am

Bldg 3, Room 269 • Prescott Campus

Medicare will be explained in everyday terms: what it does and does not cover, what to expect and how to navigate the system. Learn the ins and outs of Medicare prescription drug plans, Medicare supplements, and Advantage plans. Get a comprehensive overview from a specialist with over 28 years of experience in Arizona. This is an educational event designed to inform about Medicare and Medicare related programs.

Shauna Brown • \$75

■ SOCIAL SECURITY AND RETIREMENT

PCE-FA26-110 • Tue, 9/29/2026

6 - 9 pm

Bldg 3, Room 269 • Prescott Campus

Planning for retirement can be complicated, and deciding when to claim Social Security is one of the most important retirement decisions you may make. In this class, we will discuss how Social Security benefits are calculated, how benefits may be taxed, and strategies to help determine when to begin taking benefits. We will also review common retirement risks and ways to help manage them. Join us to learn practical strategies designed to help maximize your Social Security benefits and create a more confident retirement income plan.

Jonathan Zweifel • \$75

■ THE LAST TRANSFER: UNDERSTANDING ESTATE PLANNING AND THE TRANSFER OF WEALTH

PCE-FA26-111 • Wed, 10/21 to 10/28/2026

4 - 6 pm

Bldg 3, Room 269 • Prescott Campus

What happens to everything you have worked for when you are gone? This two-session course takes an honest, practical look at estate planning and the transfer of wealth at death. Session one covers the fundamentals – wills, trusts, beneficiary designations, titling of assets, and common mistakes that derail even well-intentioned plans. Session two features a seasoned estate planning attorney who will walk through the legal mechanics, answer your questions, and share real-world case studies. Whether your estate is large or small, this course will help ensure your assets end up exactly where you intend.

John Farmer & Christina Howden • \$50

■ WHEN CAN I RETIRE?

PCE-FA26-112 • Tue, 10/20/26

6 - 9 pm

Bldg 3, Room 269 • Prescott Campus

Do you know what you need to retire? Whether or not your social security will be taxable and how to invest your savings to create an income to live on? If you are close to retirement or currently retired come and learn ways improve your retirement income plan or create one. You will be taught financial planning techniques and investments options along with tax considerations for retirement income planning. Former students have commented: "This class helped me understand the investments I own in plain English" and "I learned how much income I can expect to receive from my investments."

Jonathan Zweifel • \$75

COMMUNITY EDUCATION COURSES

FOOD

■ BEAUTIFUL BUCHE DE NOELS

PCE-FA26-113 • Sat, 11/14/26

9 am - 12 pm

Bldg 4, Room 220 & Bldg 4, Room 115 • Prescott Campus

PCE-FA26-114 • Wed, 11/18/26

5 - 8 pm

Bldg 4, Room 220 & Bldg 4, Room 115 • Prescott Campus

This is a festive, hands-on Buche de Noël (French Christmas Yule log) cooking class where you'll learn how to make this classic holiday dessert from scratch—complete with a delicate sponge cake, rich filling, and signature “tree bark” styling. In this hands-on class, students will bake and roll sponge cake, prepare a flavorful filling, create their own yule log and ice with frosting/ganache. Students will have the opportunity to decorate with festive touches such as meringue mushrooms and snow-dusted accents. Students take home their beautifully decorated Buche de Noël to share (or save for later!)

Deborah Snyder • \$125

■ CHOP CHOP-KNIFE SKILLS

PCE-FA26-115 • Thu, 9/24/26

10 am - 12 pm

Bldg 4, Room 220 & Bldg 4, Room 115 • Prescott Campus

PCE-FA26-116 • Wed, 9/30/26

5 - 7 pm

Bldg 4, Room 220 & Bldg 4, Room 115 • Prescott Campus

If you have ever wanted to sharpen your knife skills, this is the class for you! This hands-on, skill-based class will teach you all the skills needed to become confident in your knife handling. Students will learn about different types of knives and their common uses, safety and sharpening using a sharpening steel and a tri-stone. After practicing proper grip and cutting techniques, students will chop, mince, slice, dice (sm, med, lg), and chiffonade a variety of food items. Students will enjoy a fresh chop salad and stir fry made from their beautiful cuts! *Students are encouraged to bring their own knives. House knives available.*

Deborah Snyder • \$95

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www.yc.edu/travel

or call

928-717-7755

■ PIE IN THE SKY PIE MAKING WORKSHOP

PCE-FA26-117 • Fri, 11/6/26

2 - 5 pm

Bldg 4, Room 220 & Bldg 4, Room 115 • Prescott Campus

The Pie in the Sky class will have students making pies like the professionals! Tender, flaky all-butter crusts, perfectly fluted edges, and creating several delicious fillings are only a few of the skills students will learn during this class. This is a make and take class! This class will feature a Double Crusted Winter Cranberry and Fresh Pear Pie, Glorious Dutch Crumb Apple Pie and Chocolate Bourbon Pecan Pie. Students will have an opportunity to sample each pie. They will make one 9-inch pie of their choosing to take home. *Accommodations for gluten free and allergies available with advanced notice.*

Deborah Snyder • \$125

HEALTH & WELLNESS

■ MEDITATIVE BREATHING AND STRETCHING FOR INNER CALM: TECHNIQUES FOR AGELESS LIVING

PCE-FA26-118 • Fri, 9/25 to 11/6/2026

2 - 3:30 pm

Bldg 3, Room 205 • Prescott Campus

Unlock clarity of mind and greater vitality in this practical six-week series taught through the American Zen Tradition. This course teaches gentle, time-tested breathing and stretching exercises that help lower stress, improve sleep, and boost everyday energy. No prior experience or flexibility is required. All our exercises can be done comfortably from a standard chair, or seated on a cushion on the floor. All our exercises contribute to slowing our heart rate, developing a whole-body awareness, and focusing on living in the present moment with compassion, tranquility, and peace. Join us as we fully experience our body, breath, and mind. We look forward to stretching and breathing deeply together!

No class on 10/16 due to Fall Break.

Jonathan Levy • \$95

■ MEDITATION AND MINDFULNESS FOR WELL-BEING

PCE-FA26-119 • Mon, 9/21 to 11/16/2026

10 - 11:30 am

Bldg 30A, Room 126 • Prescott Campus

Students will learn practical techniques to enhance mental, emotional, and physical well-being through mindfulness and meditation. Participants will explore breath awareness, body scanning, stress management, and applying mindfulness in their own lives. Students will also participate in a group project aimed at bringing mindfulness to the community. Whether new to meditation or looking to strengthen an existing practice, students will gain skills to cultivate inner peace, focus, and resilience.

No class 10/12 due to Fall Break.

Dee Anderson • \$100

■ QIGONG M/W MORNINGS - S.H.I.N.E.

PCE-FA26-120 • Mon/Wed, 9/21 to 11/18/2026
10:30 - 11:30 am
Bldg 31, Room 101 • Prescott Campus

Soften • Harmonize • Integrate • Nourish • Energize: Qigong is a gentle yet deeply effective mind-body practice that helps release tension, calm the nervous system, restore energy, and improve overall well-being. Through flowing movements, breathwork, self-acupressure, mindful movement, gentle somatic exercises, meditation, and relaxation techniques, students often experience greater mental clarity, improved flexibility and circulation, increased balance, and a calm, focused sense of energy and vitality. Classes are accessible, easy to follow, and designed for real people and real bodies. Movements are done either standing or sitting in a chair. **Dress is comfortable clothes. No experience necessary.**

No classes on 10/12 or 10/14 due to Fall Break AND no class on 11/11 due to Veterans Day.

Tara "Taja" Tech • \$135

■ QIGONG T/TH MORNINGS - S.H.I.N.E.

PCE-FA26-121 • Tue/Thu, 9/22 to 11/19/2026
10:30 - 11:30 am
Bldg 15, Room 260 • Prescott Campus

Soften • Harmonize • Integrate • Nourish • Energize: Qigong is a gentle yet deeply effective mind-body practice that helps release tension, calm the nervous system, restore energy, and improve overall well-being. Through flowing movements, breathwork, self-acupressure, mindful movement, gentle somatic exercises, meditation, and relaxation techniques, students often experience greater mental clarity, improved flexibility and circulation, increased balance, and a calm, focused sense of energy and vitality. Classes are accessible, easy to follow, and designed for real people and real bodies. Movements are done either standing or sitting in a chair. **Dress is comfortable clothes. No experience necessary.**

No classes on 10/13 or 10/15 due to Fall Break.

Tara "Taja" Tech • \$135

■ QIGONG T/TH EVENINGS - R.E.S.T.

PCE-FA26-122 • Tue/Thu, 9/22 to 11/19/2026
5 - 6:30 pm
Bldg 31, Room 101 • Prescott Campus

Restore • Exhale • Soften • Transform: A deeply restorative evening experience. The first hour of class will focus on gentle Qigong designed to release stress, regulate the nervous system, and quiet the mind. The final portion of class invites you into deeper relaxation through immersive guided meditations featuring peaceful forests, quiet mountain lakes, desert breezes, and soothing sounds of nature. These sensory-rich meditations are designed to calm the body, settle the mind, and create space for deep restoration and inner stillness. Perfect for anyone seeking relaxation, better sleep, emotional balance, and a gentle reset. Movements are done either standing or sitting in a chair. **Dress is comfortable clothes. No experience necessary.**

No classes on 10/13 or 10/15 due to Fall Break.

Tara "Taja" Tech • \$175

■ QIGONG FRIDAY LAB - R.O.O.T.

PCE-FA26-123 • Fri, 9/25 to 11/20/2026
10 am - 12 pm
Bldg 4, Room 118 • Prescott Campus

Regulate • Observe • Orient • Trust: An Experiential Qigong Lab. Students will take a deeper dive into foundational Qigong concepts including Yin-Yang theory, meridians, the five elements, Qi, mindfulness, emotional awareness, conscious intention, and the relationship between attention, perception, and lived experience. Classes may include guided reflection, meditation, discussion, group awareness practices, and intention exercises designed to cultivate greater clarity, self-trust, emotional coherence, and intentional living. We will actively explore awareness and intentionality as we learn how thoughts, emotions, breath, and body patterns shape experience. Beginners welcome.

No class on 10/16 due to Fall Break.

Tara "Taja" Tech • \$135

■ REIKI 1, 2, & MASTER LEVEL

PCE-FA26-124 • Fri, 9/25 to 11/6/2026
5 - 8:30 pm
Bldg 31, Room 101 • Prescott Campus

Explore the healing art of Reiki in this USUI Reiki certification course through Yavapai College and Earth And Herbs Arizona. Open to beginners, returning students, and those pursuing Master Level certification, this course covers Reiki Levels I, II, and III through hands-on practice, energy awareness, and self-healing techniques. Students will learn within a supportive community and have opportunities for continued mentorship and practice through Earth And Herbs Arizona long after the course ends. Discover new realms of healing, intuition, and personal transformation through this ancient practice.

No class on 10/16 due to Fall Break.

Angela Garrotto • \$215

■ TAI CHI: THE SIMPLIFIED 24-FORM

PCE-FA26-125 • Fri, 9/25 to 11/20/2026
2 - 3:30 pm
Bldg 15, Room 260 • Prescott Campus

For both beginning and continuing students, this fun class teaches the 24 movements of the most popular Chinese Government-approved Yang style "Simplified Form". You will learn how to maximize the flow of Chi [energy], Tai Chi philosophy, history, and Mindfulness through the series of movements that are slow, continuous, relaxed, and focused. Like all Tai Chi Forms, it combines "moving meditation" with gentle revitalizing exercise as the students benefit from improved strength, conditioning, coordination, flexibility, and balance. Students also report experiencing increased energy, reduced stress, reduced pain, enhanced sleep, and/or feelings of wellbeing.

No class on 10/16 due to Fall Break.

Larry Bates • \$100

COMMUNITY EDUCATION COURSES

■ TAI CHI: THE FAMOUS 108 LONG FORM, PARTS 1 & 2A

PCE-FA26-126 • Sat, 9/26 to 11/14/2026

10 - 11:30 am

Bldg 15, Room 260 • Prescott Campus

This exciting class will capture all the information and benefits of the 24 Form as you learn this Yang Style Form. Previous Tai Chi experience of any style is recommended [at least four classroom hours] but not required. The class emphasis/focus will be on health and wellness and "cultivating your inner Chi". We will emulate our "virtual mentor", Grand Master Kai Ying Tung's [Tung Family Tai Chi] approach as you assimilate the major Tai Chi principles. For a demo of his approach, please search "Tai Chi Tung" on YouTube and choose the 16' 01" video.

No class on 10/17 due to Fall Break.

Larry Bates • \$95

■ TAI CHI: THE 42 COMBINATION FORM

PCE-FA26-127 • Sat, 9/26 to 11/14/2026

2 - 3:30 pm

Bldg 15, Room 260 • Prescott Campus

Attention, Tai Chi practitioners with light to moderate experience, lets have some fun! The Tai Chi 42 Form is popular world-wide. It perfectly mixes traditional Tai Chi styles with being practical and easy to learn and enjoy. This form carefully selects and combines the very best, most important movements from the four major traditional family styles of Tai Chi—Yang, Chen, Wu, and Sun. It packs all the powerful health benefits, for which Tai Chi is famous, into a shorter practice. You'll love this Form. *Previous Tai Chi experience, any style of Tai Chi, is required.*

No class on 10/17 due to Fall Break.

Larry Bates • \$95

■ THE BASICS OF METABOLIC HEALTH

PCE-FA26-128 • Mon, 9/28 to 11/16/2026

2 - 4 pm

Bldg 3, Room 206 • Prescott Campus

Discover the science of living longer and feeling better. Students will learn the foundations of nutrition and exercise, and how food and lifestyle habits impact health outcomes. Subjects include blood sugar regulation, cholesterol, the microbiome, sleep, blood pressure, stress, & cortisol. Each topic is presented as part of an interconnected system, because true wellness emerges from understanding how these factors influence one another. We'll explore actionable takeaways to improve overall health and vitality. By the end of the course, students will leave with a personalized toolkit of evidence-based strategies to apply immediately to improve energy, resilience, and vitality.

No class on 10/12 due to Fall Break.

Alex Klintworth • \$135

■ WOMEN'S SELF PROTECTION TRAINING

PCE-FA26-129 • Sat, 9/26 to 11/21/2026

10- 11:30 am

Bldg 31, Room 101 • Prescott Campus

This course is designed to empower women to effectively recognize, respond to, and recover from physical, emotional and psychological threats. This course will teach real world self-defense skills, situational awareness, boundary setting, de-escalation techniques, emotional resilience and mindset mastery, as well as empowerment through community and knowledge.

No class on 10/17 due to Fall Break.

Donald Stamile • \$100

■ YOGA FOR BEGINNERS

PCE-FA26-130 • Mon, 9/21 to 11/16/2026

5:45 - 6:45 pm

Bldg 2, Room 140 • Prescott Campus

Discover the basic foundations of yoga in this beginner-friendly workshop. Designed for those new to yoga or looking to revisit the basics. This interactive course focuses on safe movement and adapting common yoga poses to suit individual needs and mobility levels. No previous experience is required.

Please bring a yoga mat.

No class on 10/12 due to Fall Break.

Sarah Luchetta • \$95

HISTORY & CULTURE

■ SPORTS DIPLOMACY: HOW SPORTS BRING COUNTRIES TOGETHER (AND APART)

PCE-FA26-131 • Tue, 9/29 to 11/17/2026

5:30 - 7 pm

Bldg 3, Room 270 • Prescott Campus

This course will examine the history and relationship between international relations and sports. We will look into various international sporting events such as the Berlin Olympics, the 1972 Munich games, and the Qatar world cup. We will examine various athletes like Muhammad Ali and Jesse Owens. We will consider whether boycotting sporting events works, what is soft power and sporting disasters. In the end we will ask the question: can sports impact international relations and does sports generally bring countries together or further apart.

No class 10/13 due to Fall Break.

Jayden Siegel • \$95

LANGUAGE

■ FRENCH - INTRO TO LANGUAGE & CULTURE PART 1

PCE-FA26-132 • Mon, 9/21 to 11/16/2026

12:30 - 1:30 pm

Bldg 3, Room 269 • Prescott Campus

Never taken a French class before? Traveling to France and would like to know how to get around? This course is for you! This is an introduction to French language, culture, and customs. Topics Include: French pronunciation, basic greetings and introductions, numbers and Euros, and everyday vocabulary (food, travel, family, etc.).

No class 10/12 due to Fall Break.

Sarah Luchetta • \$95

■ FRENCH - INTRO TO LANGUAGE & CULTURE PART 2

PCE-FA26-133 • Mon, 9/21 to 11/16/2026

1:45 - 3:15 pm

Bldg 3, Room 269 • Prescott Campus

This is a follow up course for those who have already taken one or two previous "Intro to French" classes with the instructor. While still an introduction to French language and culture, this class digs deeper. Widen your vocabulary, learn more about French customs and traditions, and keep developing basic conversational skills! *No class 10/12 due to Fall Break.*

Sarah Luchetta • \$125

■ FRENCH CONVERSATION

PCE-FA26-134 • Mon, 9/21 to 11/16/2026

3:30 - 5 pm

Bldg 3, Room 269 • Prescott Campus

This course is made for those who have already taken French classes and would like to brush up on their conversational skills. If you would like the opportunity to fully immerse yourself in the language, this class is for you! Review grammar and language through interactive activities and conversations with the instructor. *Please note: This class is entirely in French.*

No class 10/12 due to Fall Break.

Sarah Luchetta • \$125

■ SPANISH LEVEL 1

PCE-FA26-135 • Wed, 9/23 to 11/18/2026

6 - 8 pm

Bldg 3, Room 203 • Prescott Campus

You will learn some basic words and phrases in order to count small amounts of money, order food at a restaurant and buy a plane/boat/bus ticket. We will use real objects to learn new vocabulary, play-act various situations and work with a partner or group to practice speaking, all the while having fun!

No class on 10/14 due to Fall Break AND no class on 11/11 due to Veterans Day.

Rachel Lord • \$190

■ SPANISH LEVEL 2

PCE-FA26-136 • Thu, 9/24 to 11/19/2026

4 - 6 pm

Bldg 3, Room 203 • Prescott Campus

Take what you learned in Spanish Level 1 and add to it by counting to higher numbers, introducing family, discussing weather, asking for and giving directions, and finding locations on a map. Just like in the Level 1 class, we will use real objects to learn new vocabulary, play-act various situations, and work with a partner or group to practice speaking, all the while having fun! Taking the Level 1 class is not a prerequisite, but being able to count to 20, say a few conversational phrases and conjugate a few verbs is strongly suggested.

No class 10/15 due to Fall Break.

Rachel Lord • \$215

■ SPANISH LEVEL 2+ & BEYOND

PCE-FA26-137 • Tue, 9/22 to 11/17/2026

4 - 6 pm

Bldg 3, Room 203 • Prescott Campus

Take what you've learned in Spanish Level 1 and 2 and add to it with more vocabulary, grammar and conversational phrases. You will learn the weather, skills for buying food and clothing, and expand your vocabulary for more travel and restaurant phrases. We will also focus more on pronunciation. As always, real props will be used to learn new vocabulary, and real-life activities will be practiced to learn skills because real learning happens this way!

Having taken the Spanish Level 1 and 2 classes is not required but strongly suggested.

No class 10/13 due to Fall Break.

Rachel Lord • \$215

LIFE SKILLS

■ HOW TO GET YOUR AFFAIRS IN ORDER

PCE-FA26-138 • Tue/Thu, 10/20 to 11/3/2026

1 - 2:30 pm

Bldg 3, Room 206 • Prescott Campus

This five-class series looks at five different aspects of getting your affairs in order. Class 1 is an overview of the entire process, including what questions you need to ask and what decisions you need to make. Class 2 explores 37 administrative details your family will need to know. Class 3 covers health care and legal documents you need now and after your passing. Class 4 looks at ten options for your postmortem care. Class 5 explores making yourself immortal through digital recording, as well as suggestions for creating your own obituary and memorial service.

Jan Kraft Leinweber • \$95

COMMUNITY EDUCATION COURSES

■ LIFE SKILLS ACADEMY

PCE-FA26-139 • Fri, 9/25 to 11/20/2026

9 – 11 am

Bldg 1, Room 226 • Prescott Campus

Have you imagined having a college experience since graduating from high school but have found that many traditional college classes are out of reach because of your disability? This is a class for young adults like you who are looking for a supportive and social college environment focused on creative life-long learning as well as foundational skills for thriving in the community. Our lessons are centered on enriching communication, peer connections, health & wellness, encouraging responsibility, and creative problem solving all in a fun and interactive way. We also make room to explore the areas of interest of our students. Come and learn with us!

No class on 10/16 due to Fall Break.

Christine Felton • \$155

■ YOUR GUIDE TO SELF-ACTUALIZATION: HOW TO BE HAPPY, SUCCESSFUL AND FREE

PCE-FA26-140 • Mon, 9/21 to 11/16/2026

3 - 4:30 pm

Bldg 3, Room 203 • Prescott Campus

Unlock your fullest potential with “Your Guide to Self-actualization” – a hands-on class that turns proven psychology and practical exercises into real-life breakthroughs. Join me to clarify your values, overcome limiting patterns, and build a sustainable plan for growth. Walk away with personalized tools, peer support, and momentum to live intentionally. Start becoming the person you’re meant to be!

No class on 10/12 due to Fall Break.

Gay Matheson • \$100

■ FUNDAMENTALS OF PUBLIC SPEAKING

PCE-FA26-141 • Tue/Thu, 9/22 to 10/8/2026

1 - 2:30 pm

Bldg 3, Room 206 • Prescott Campus

The public speaking workshop is designed to help participants develop confidence and effective communication skills. Throughout the session, attendees will learn techniques for organizing their thoughts, engaging audiences, and managing anxiety. The workshop includes interactive exercises, practice speeches, and constructive feedback to support skill improvement in a supportive environment.

Mark Woolsey • \$95

MUSIC, MOVEMENT & DANCE

■ BELLY DANCING FOR TOTAL BEGINNERS

PCE-FA26-142 • Wed, 9/23 to 11/18/2026

2 – 3 pm

Bldg 2, Room 140 • Prescott Campus

Learn new ways to move your body with Belly Dancing for Beginners, a low impact, easy-going dance class that is so much fun you will forget you are exercising. No dance experience? No problem! Everyone is welcome. Open for absolute beginners and will teach all the fundamental moves of belly dance. Come ready to move, laugh, and discover yourself as you discover the dance. ***Wear comfortable clothing and soft dance shoes (or bare feet). Bring a hip scarf if you have one, loaners will be provided if you don't.***

No class on 10/14 due to Fall Break AND no class on 11/11 due to Veterans Day.

Kirsten Maclellan • \$90

■ BELLY DANCE BASICS AND BEYOND

PCE-FA26-143 • Tues, 9/22 to 11/17/2026

6 - 7:30 pm

Bldg 2, Room 140 • Prescott Campus

Belly Dance is a dance of joy with roots in North Africa. Also known as Raqs Sharqi, it is celebrated around the world. This is a mixed-level class and beginners are warmly welcome. Our Fall session will focus on earthy, grounded movements of the dance's folkloric roots. We will learn technique and combinations, with a focus on enjoyment of the process - everyone progresses at their own pace. ***Wear comfortable clothing and soft dance shoes (or bare feet). Bring a hip scarf if you have one, loaners will be provided if you don't.***

No class 10/13 due to Fall Break.

Kirsten Maclellan • \$100

■ BEGINNING GUITAR 1

PCE-FA26-144 • Mon, 9/21 to 11/2/2026

6:30 - 7:30 pm

Bldg 31, Room 102 • Prescott Campus

An introduction to guitar as a musical instrument, that will include Anatomy of a Guitar, basic music Theory for guitar, intro to rhythm and strumming patterns, how to read Tablature, intro to open string chords, how to practice, intro to finger picking, how to hold a guitar, and how to hold a pick. Instruction on how to play a melody. Personal instruction and performance feedback on class assignments. This class is for the beginner and would be a good refresher for those with experience. ***Suggested items to bring are guitar, tuner, two picks (one med and one light), strap or footstool.***

No class 10/12 due to Fall Break.

Andy Thacker • \$85

■ BEGINNING GUITAR 2

PCE-FA26-145 • Tue, 9/22 to 11/3/2026

6:30 – 7:30 pm

Bldg 31, Room 102 • Prescott Campus

Guitar instruction for those who have completed the Beginning Guitar Class One, or have developed skills from prior guitar instruction. This class is for the Intermediate guitar player and would be a good refresher for those with extensive experience. Learn theory, song structure, how to choose song materials, and a practice strategy to be able to perform the song.

Suggested items to bring are guitar, tuner, two picks (one med and one light), strap or footstool.

No class 10/13 due to Fall Break.

Andy Thacker • \$85

PHILOSOPHY, PSYCHOLOGY & SPIRITUALITY

■ CRYSTAL ALLIES

PCE-FA26-146 • Wed, 9/23 to 11/18/2026

5:30 – 7 pm

Bldg 3, Room 205 • Prescott Campus

Ready to awaken your inner MYSTIC and dive deep into the world of metaphysical energy? Join us for a journey through the sacred arts of crystals, intuition, and pendulum work. This isn't just a class—it's a portal to higher consciousness. \$15-30 supplies payable to the instructor at class: pendulums, energy grids, tumblers stones and crystals.

No class on 10/14 due to Fall Break AND no class on 11/11 due to Veterans Day.

Luisa Alvarez • \$100

■ INTRODUCTION TO JEWISH STUDIES

PCE-FA26-148 • Tue, 9/22 to 11/17/2026

1 – 3 pm

Bldg 3, Room 271 • Prescott Campus

Explore Jewish civilization historically and in contemporary times. Delve into secular and religious expressions of Jewish culture, concepts, and ideals. Get a sense of human place, purpose, communal and personal life. Learn the influence of Jewish thought on other religious and secular cultures. Also, antisemitism and other modern challenges will be discussed. Recommended but NOT required books: Seasons of Our Joy; Way of Man; The Sabbath; Jewish History in 100 Nutshells.

No class 10/13 due to Fall Break.

Rabbi Nina Perlmutter • \$135

■ WISDOM OF THE EASTERN RELIGIONS

PCE-FA26-149 • Tues, 10/20 to 11/17/2026

6:30 – 8 pm

Bldg 3, Room 216 • Prescott Campus

This class will examine and explore the great wisdom traditions of Hinduism, Buddhism, Confucianism and Taoism. We'll study and discover the profound universal principles that connect all religions. Your journey will include an in-depth look at the lives, the culture, the inspiration and the teachings associated with these rich religious/ spiritual traditions. The class will include written and audio insights from the great Alan Watts. His contributions to these wisdom traditions are incalculable.

Peter Lhotka • \$95

RECREATION

■ BILLIARDS LEVEL 2

PCE-FA26-150 • Sat, 9/26 to 10/31/2026

9 – 11 am

Barefoot Bob's Billiards, 8367 E Pecos Dr, Prescott Valley

Elevate your pool skills to the next level by mastering the fundamentals. You will develop stroke, sharpen ball pocketing skills, apply principles of precise position play, employ practice drills and learn proven strategies for winning 8 ball. You will enjoy individualized instruction on caroms, combinations, banks and cut shots. We'll focus on drills and technique to help you become a better player. The goal is to thoroughly appreciate the depth of skill and fun offered by the sport of pocket billiards. ***Classes are held at Barefoot Bob's in Prescott Valley. Handouts and cues are provided. Must be 21 years of age.***

Peter Lhotka • \$115

WRITING & PUBLISHING

■ MEMOIR WRITING

PCE-FA26-151 • Wed, 9/23 to 11/4/2026

10 am – 12 pm

Bldg 30A, Room 126 • Prescott Campus

Your life is full of unique stories. Bring them to paper in this interactive class full of tips, techniques, discovery, writing and camaraderie. Whether you are thinking about or have started your memoir, this class will keep you motivated.

No class on 10/14 due to Fall Break.

Kateri Alexander • \$100

EXPERIENTIAL LEARNING - TRAVEL

TRAVEL. LEARN. EXPLORE.

In Experiential Learning, our tour leaders are eager to share their knowledge and enthusiasm for the colorful local history, fascinating cultures, and inspiring natural features when you travel with us! **See trip notes for trip pick up availability in: Chino Valley, Dewey-Humboldt, Camp Verde, and Verde Valley Campus.**



EXPLORING YAVAPAI COUNTY



Our home county, one of the original counties of Arizona Territory, has both an incredibly interesting natural landscape, ranging from desert to pine-covered highlands, and a long and fascinating human history that dates back thousands of years. These programs will take you to many varied and remote places down the backroads of the Yavapai County. Some include several miles of hiking; others just short, easy walks. Several of these trips are half-day journeys, returning to campus by lunchtime.

■ EXPLORING YAVAPAI COUNTY: THE NORTHERN BRADSHAW

Friday, Sept 11 • EL091126

Reserve By 8/28

The Northern Bradshaw Mountains overlooking Prescott are the highest range in Yavapai County, peaking out near 8,000 feet. We'll explore south through this region on the old Senator Highway as far as the site of the town of Goodwin, then head east to Mayer and return via Highway 69. Along the way we'll visit old mining and homestead sites on Apple Creek, explore the ruins of the Senator Mine, enjoy distant views from the Mt. Union Divide, see historic Palace Station, and other historic and natural features. We'll also pass through the burn area of the Goodwin fire of 2017 and talk about fire management and the role of fire in the natural ecosystem. The trip will include about two miles of moderate hiking. **Activity Rating: Level 2.**

Instructor: Will Ascarza

• **\$185 per person** – Tuition includes transportation, box lunch and field instruction. Departs 8 AM from Prescott Campus.

■ EXPLORING YAVAPAI COUNTY: WILLIAMSON VALLEY AND BEYOND

Monday, Sept 14 • EL091426

Reserve By 8/31

This road trip will take us out Williamson Valley Road, all the way to Seligman. We will return via Ash Fork and Highway 89. We'll be visiting the areas of many early historic sites, including the town site of Simmons, old Camp Hualapai and, of all the strange things, an iron mine. On our way back down from Ash Fork we'll be stopping at the old Little Hell Canyon stage stop and a mysterious and unique signpost from the earliest days of air travel in the county (this will be an unusual surprise). Along the way we'll discuss the geology and natural history and touch on many aspects of the human history of the area. There will be a few short walks of up to a quarter mile, but no serious hiking. **Activity Rating: Level 2.**

Instructor: Chris Wuehrmann

• **\$190 per person** – Tuition includes ground transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.

■ EXPLORING YAVAPAI COUNTY: APPLE CREEK HOMESTEADS AND MINE

Monday, Sept 21 • EL092126

Reserve By 9/7

Apple Creek [an informal name] is a tributary to the Hassayampa River east of Spruce Mountain and crossed by Senator Highway. Homesteaders and miners have both left their mark on this little drainage. During this half-day trip, we'll hike up the creek (about a mile round trip - fairly easy informal trail) while we visit the old abandoned mine and both homesteads. There's a standing cabin at one, and many blackberries and several apple trees. Depending on the time of year, we may find ripe apples or blackberries. **Activity Rating: Level 2. This is a half-day trip.**

Instructor: Chris Wuehrmann

• **\$115 per person** – Tuition includes transportation and field instruction. Departs 8AM from Prescott campus.

■ EXPLORING YAVAPAI COUNTY: CROWN KING & THE SOUTHERN BRADSHAW'S

Wednesday, Oct 7 • EL100726

Reserve By 9/23

The history of the region's historic gold mines comes to life! Travel along the winding roads beside the old railroads of the Bradshaw's and the railroad switchbacks that pass the historic mines dotting the surrounding hillsides. Enjoy the magnificent views as you top out at the summit. A visit to the Crown King General Store transports you back in time. Driving on bumpy roads. **Activity Rating: Level 1.**

Instructor: Will Ascarza

• **\$190 per person** – Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.

■ EXPLORING YAVAPAI COUNTY: HIKE VERDE RIVER HEADWATERS

Thursday, Oct 29 • EL102926

Reserve By 10/9

The headwaters of the Verde River, just northeast of Chino Valley, is a fascinating area. The springs there are the source of the only perennial river flowing entirely within Arizona. We will hike some distance along the rim and enter the canyon about a mile downstream from the confluence with Granite Creek, hiking upstream to the headwaters springs and a large and little-known rock art site which incorporates both Hopi and Yavapai winter solstice observatory features. We will discuss geology, natural history and prehistory along the way. Total hiking distance about four miles. The climb out, several hundred feet elevation gain, is steep and rocky. We will ford the river once, 12-18 inches deep; suitable barefoot or light water shoe/sandal wading. **Activity Rating: Level 3.**

Instructor: Chris Wuehrmann

• **\$190 per person** – Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.

■ EXPLORING YAVAPAI COUNTY: JEROME, DRAKE, AND PERKINSVILLE

Monday, Nov 16 • EL111626

Reserve By 10/30

This back road exploration will take you from Jerome along the old narrow gauge railroad bed that once led to Chino Valley (formerly known as Jerome Junction), then down to the Verde River at Perkinsville. From there, we'll head across to Drake, just off Highway 89 north of Chino Valley. From Drake we'll skirt around Prescott and Prescott Valley and back to campus via Mingus Mountain. Along the way we'll talk about geology, natural history, the Verde River, the Perkins Ranch, the old railroad, and the mines of Jerome. Lots of short walks but no serious hiking. **Activity Rating: Level 2.**

Instructor: Will Ascarza

• **\$190 per person** – Tuition includes ground transportation, box lunch and field instruction. Departs 8:00AM from Verde Valley Campus.

■ EXPLORING YAVAPAI COUNTY: BABY CANYON RUINS HIKE

Wednesday, Nov 18 • EL111826

Reserve By 11/3

Perry Mesa, in Agua Fria National Monument, was heavily occupied by prehistoric people some 700 years ago. There are significant abandoned village sites all across the mesa. One of the largest of these, and one of the least visited, is Baby Canyon Ruin, several hundred rooms perched on a butte on the south side of Baby Canyon, a little over a mile from the Agua Fria River. We'll visit this site while talking about the prehistory of the area, and a bit of geology and ecology. The hike is about 6 miles total, largely off trail, and includes a nearly 400-foot steep elevation gain at the end to reach the ruin. The footing on the climb is very stable and not hand and foothold climbing, just steep hiking, but a lot of work. **Activity Rating: Level 5.**

Instructor: Chris Wuehrmann

• **\$180 per person** – Tuition includes ground transportation, box lunch and field instruction. Departs 8:00AM from Prescott Campus. *Cordes Junction pick-up available.



EXPERIENTIAL LEARNING - TRAVEL



EXPLORING COCONINO COUNTY



Coconino County, our immediate neighbor to the northeast, split away from the original Yavapai County in 1891 and is the largest county in Arizona. It includes the eastern end of Grand Canyon, much of the red rock country of Sedona, miles of lush Ponderosa Pine forest, parts of Navajo Land (Dinetlah) and San Francisco Peaks, the highest mountain in Arizona. These programs explore the remote back road regions of the nearer part of the county. Some include several miles of hiking; others just short easy walks.

■ EXPLORING COCONINO COUNTY: RED MOUNTAIN AND KEY HOLE SINK

Wednesday, Sept 23 • EL092326

Reserve By 9/9

Near the northern edge of the great field of volcanos that surrounds Williams and Flagstaff is an otherwise average cinder cone, about 1,000 feet tall, called Red Mountain. What makes this little mountain unique is how erosion has carved a spectacular amphitheater out of the heart of this extinct volcano, creating a magical landscape of cliffs, spires, and little slot canyons. While talking about the history and dynamics of the San Francisco Volcano Field, and the local ecosystems, we will hike into the heart of Red Mountain, enjoying our lunch inside the volcano. After our main hike, we'll travel back roads south to Parks, then west on Historic Route 66 to Keyhole Sink, hiking into this unusual feature with petroglyphs and a seasonal waterfall. Hiking distance is about 4.5 miles, mostly on well-maintained trail; inside Red Mountain there's some optional off-trail exploring. **Activity Rating: Level 3.**

Instructor: Will Ascarza

• **\$200 per person** – Tuition includes ground transportation, box lunch and field instruction. Departs 8AM from Prescott campus. *Chino Valley pickup available.

■ EXPLORING COCONINO COUNTY: SAN FRANCISCO VOLCANO FIELD

Monday, Oct 5 • EL100526

Reserve By 9/21

Explore the awe-inspiring San Francisco Volcanic Field with a focus on its iconic landmarks. Begin at Cinder Hills, where vibrant volcanic cinders create a striking landscape. Journey to Sunset Crater, a stunning cinder cone that erupted around 1085AD, offering dramatic views and a glimpse into the region's volcanic past. Continue to Wupatki, where ancient pueblo ruins provide insight into the lives of the early inhabitants. Conclude at S.P. Crater, an impressive cinder cone with a symmetrical shape and a vast, surrounding lava field, showcasing the raw power of volcanic activity. This tour promises a captivating blend of natural and historical wonders. **Activity Rating: Level 1-2.**

Instructor: Will Ascarza

• **\$215 per person** – Tuition includes transportation, box lunch and field instruction. Departs 7AM from Prescott Campus. *Camp Verde pickup available.

Register or
Browse Online!

www.yc.edu/commed

www.yc.edu/travel

or call

928-634-6537



EXPLORING THE GRAND CANYON



The Grand Canyon is well-known, but few are aware that much of the canyon is not included in the national park but is the land of several Native American tribes. The Hualapai Nation owns about 40% of the South Rim, and also a unique feature of the canyon: Diamond Creek Road, the only road in Grand Canyon all the way down to the Colorado River. This little-known road follows Peach Springs Canyon to Diamond Creek in the depths of Grand Canyon and allows access to spectacular landscapes in the canyon without the long steep hikes necessary to reach such places in the national park. Choose any of several possibilities, from one requiring little walking or hiking, to several different spectacular hikes, not accessible to the general public, into truly wilderness canyon landscapes.

■ DRIVE TO THE BOTTOM OF THE GRAND CANYON

Saturday, Sept 19 • EL091926

Reserve By 9/4

Saturday, Sept 26 • EL092626

Reserve By 9/11

Saturday, Oct 3 • EL100326

Reserve By 9/18

Friday, Oct 9 • EL100926

Reserve By 9/25

Saturday, Oct 31 • EL103126

Reserve By 10/19

Thursday, Nov 5 • EL110526

Reserve By 10/22

Tuesday, Nov 10 • EL111026

Reserve By 10/27

If you've ever wanted to visit the bottom of Grand Canyon, but long hikes on steep trails, or riding mules all day isn't your idea of a good time, take a look at this trip. We utilize the little-known Diamond Creek Road to drive right to the Colorado River in the depths of Grand Canyon, enjoying our lunch on a canyon-bottom beach. You can even wet your feet in the river if you choose. We stop at a number of places along the way to talk about Geology, the history of the Hualapai People

who own this part of the Grand Canyon, and the formation of the canyon itself. The trip requires minimal walking, but you can take an optional easy hike of a mile or so. **Activity Rating: Level 1-2.**

Instructor: TBD

• **\$230 per person** – Tuition includes transportation, Hualapai permits, box lunch and field instruction. Departs at 7:30AM from Prescott Campus. *Chino Valley pickup available.

■ HIKING GRAND CANYON: DIAMOND CREEK

Saturday, Nov 7 • EL110726

Reserve By 10/23

Saturday, Nov 21 • EL112126

Reserve By 11/6

Saturday, Dec 5 • EL120526

Reserve By 11/19

About a mile from the Colorado River, Diamond Creek Road reaches its namesake, Diamond Creek. We will hike up this creek about 3 miles into a spectacular narrows (one short steep place, but mostly gentle gradients with multiple creek crossings about ankle deep), enjoying lunch at a beautiful little waterfall beneath thousand-foot cliffs. We will discuss both the geology and natural history along the way. Our day will culminate with a visit by van to the Colorado River before having dinner in Seligman and then returning to campus. This is an off-trail hike, 6 miles total, with fairly rocky footing and your footwear will get wet; hiking poles advised. Like our other hikes in the area, this route is not open to the general public.

Activity Rating: Level 3+.

Instructor: TBD

• **\$240 per person** – Tuition includes ground transportation, field instruction, Hualapai permits and box lunch. Departs 7AM from Prescott Campus. *Chino Valley pickup available.

■ HIKING GRAND CANYON: TONTO RIM

Saturday, Nov 14 • EL111426

Reserve By 10/29

The only road to the Colorado River canyon's depths is located on Hualapai lands in western Grand Canyon. This road accesses a little-known hiking route that leads out onto the Tonto Rim, nearly a thousand feet above the Colorado River. This is a truly wild and spectacular Grand Canyon hike with fabulous distant views up and down the canyon, views ordinarily only accessible on multi-day backpacking expeditions. Hiking distance is slightly less than four miles and includes some steep grades and narrow trails. We will discuss geology and natural history along the way. The day will culminate with a van stop at the Colorado River. Dinner stop at Lilo's in Seligman (on your own). **Activity Rating: Level 3+.**

Instructor: Chris Wuehrmann

• **\$240 per person** – Tuition includes transportation, box lunch, Hualapai permits and field instruction. Departs 7AM from Prescott Campus. *Chino Valley pickup available.

EXPERIENTIAL LEARNING - TRAVEL



EXPLORING FARTHER AFIELD



Why limit our educational explorations to our immediate area? Arizona and Four Corners country has numerous other fascinating features to experience, both in the natural world and in our long human history. These trips travel out and away to more distant attractions, some of them as overnight journeys. They range from including short walks to hiking several miles.

■ EXPLORING TONTO NATURAL BRIDGE COUNTRY

Thursday, Sept 17 • EL091726

Reserve By 9/3

Tonto Natural Bridge, under the Mogollon Rim north of Payson, is one of the more unusual features of Arizona. The bridge, somewhat more a huge natural tunnel, is 150 feet wide, nearly 200 feet tall, and 400 feet long. Several trails thread their way through and around the bridge. We'll hike these trails, somewhat flexible on distance, exploring the bridge and its environs and have our lunch at the picnic area there. We'll also see the historic Goodfellow Lodge adjacent to the bridge, dating from the 1920s. Our journey there and back will feature spectacular views from the Mogollon Rim, an historic stone mileage marker from the original General Crook Trail, and a visit to the historic Strawberry one-room schoolhouse.

Activity Rating: Level 2.

Instructor: Will Ascarza

• **\$210 per person** – Tuition includes ground transportation, box lunch and field instruction. Departs 7:30AM from Prescott Campus. *Camp Verde pickup available.

■ CANYON DE CHELLY OVERNIGHT TRIP

Wed - Thurs, Sept 30 - Oct 1 • EL093026

Reserve By 9/16

Canyon de Chelly, an amazing other-worldly landscape of 800-foot tall red cliffs, includes spectacular cliff dwellings and mystical rock art from centuries in the past. The canyon was once home to the ancestral Hopi and today sustains a living community of Navajo (the Dine') living in spiritual connection with this beautiful landscape. We'll tour the canyon's south rim, viewing its beauty from above, and also take a 4x4 tour

into the canyon with Navajo guides who will share their stories with us. During our journey there and back, we'll visit Petrified Forest, the Painted Desert, and historic Hubbell Trading Post as well as traveling paved back road across Navajo land [Dinetlah]. A fair amount of walking is included, some optional, but all on easy terrain. **Activity Rating: Level 1-2.**

Instructor: Will Ascarza

• **\$780 per person double occupancy / \$150 single occupancy supplement** – Tuition includes transportation, lodging, meals, 4x4 tour, permits, admission fees, gratuities, and field instruction. Departs 7AM from Prescott Campus. *Camp Verde pickup available.

■ GET YOUR KICKS ON ROUTE 66 - 100TH ANNIVERSARY EDITION!

Tuesday, Oct 27 • EL102726

Reserve By 10/9

Tuesday, Nov 3 • EL110326

Reserve By 10/20

Celebrate the 100th anniversary of Route 66 by spending a day with us as we travel the "Mother Road" from Ash Fork to Oatman and explore the remnants of this important Chicago to LA thoroughfare. Beginning with a stop in Seligman, we'll motor on to visit the Route 66 Museum in Kingman where you will learn about the evolution of travel. Back on the road, we'll wind up at a living ghost town in Oatman and see a live reenactment of an old west shootout, wild donkeys roaming the streets and many more sights you won't see anywhere else! **Activity Rating: Level 1.**

Instructor: Will Ascarza

• **\$200 per person** – Tuition includes transportation, box lunch, admission fees and field instruction. Departs 7AM from Prescott campus. *Chino Valley pickup available.

■ BACK ROAD TO PHOENIX

Thursday, Nov 12 • EL111226

Reserve By 10/28

Thursday, Dec 3 • EL120326

Reserve By 11/17

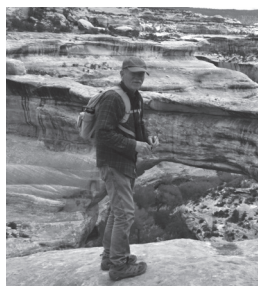
Travel the back roads to Phoenix as we explore the Agua Fria National Monument, crossing through Bloody Basin and on to Seven Springs. We will explore prehistoric ruins, take short hikes, bask in the riparian areas, and experience the variety of geology and ecosystems as you travel from the high desert to the Sonoran Desert. Geology, prehistoric history, and natural history will be topics of the day. Hiking up to 1 mile at Pueblo la Plata and Sears-Kay prehistoric ruins. End the day with dinner (on your own) at El Encanto Restaurant in Cave Creek. **Activity Rating: Level 2. (travel on rough roads).**

Instructor: Chris Wuehrmann

• **\$215 per person** – Tuition includes transportation, admission fees, box lunch and field instruction. Departs 7AM from Prescott Campus. *Cordes Junction pickup available.

MEET THE TRIP LEADERS

■ CHRIS WUEHRMANN



Chris is our senior instructor/trip leader and has been leading trips for Yavapai College since 1981. Chris came to Prescott in 1967 from Illinois and was in the second class at Prescott College back when it first began. He studied Social Anthropology, Archaeology, and Geology, is something of a self-taught historian and is also a musician [keyboards] who plays regularly around Prescott. Chris has hiked and backpacked all over the Southwest,

including hundreds of days spent in Grand Canyon, and has also worked on a number of archaeological projects. He is responsible for developing most of the trips currently in our offerings and is heavily involved with bringing our two new trip leaders online. He's been married to Rita [retired administrator of the college's OLLI Program] for 45 years, and they have three children.

■ KYLE SHORT



Kyle is a new instructor/trip leader for the college this year. He came to the Prescott area in 2012 from Baja, Mexico, having lived there for three years, but is originally from Delaware where he graduated from the University of Delaware with a degree in Spanish. Kyle brings a wealth of prior experience developing and leading adventure trips around the Southwest, including San Juan River trips, other southwestern destinations, and also trips to our

southern neighbors, Mexico and El Salvador. After teaching 12 years at Northpoint Expeditionary Learning Academy in Prescott, he's now teaching at Skyview School. He's married to Jessica [who teaches Spanish in Chino Valley], and they have two children.

■ WILL ASCARZA



Will is a new instructor/trip leader for the college this year and brings extensive prior experience to our program. He came to Arizona from the Southeast in 1999, first living in southern Arizona and more recently in Flagstaff. Educated in North Carolina and at the University of Arizona, Will has led adventure trips for Pima College, been involved with the Sonoran Desert Museum, and as an author has published seven books, including *Zenith on the Horizon*. He's

also the writer of a column for over ten years, "Mine Tales", in the Arizona Daily Star in Tucson and has worked with a number of tourism boards, museums, and libraries. Will has a special interest in Arizona history, and especially mining history. He's married to Lorie, an environmental educator, and they have one child.

■ COURSE PHYSICAL ACTIVITY LEVEL RATING CHART*

Activity Rating Level 1

Participants must be able to carry luggage, packs, and/or equipment, climb stairs, sit, or stand for up to 1 hour, get in and out of vehicles easily, and walk a few blocks indoors or out.

Activity Rating Level 2

Participants must be able to carry luggage, packs, and/or equipment, participate in physical activity for 1-2 hours, climb stairs, sit, or stand for over 1 hour, and walk on uneven and/or varied terrain from three blocks up to one mile at a 2.0-mph pace over the course of the day [may include slight elevation changes.]

Activity Rating Level 3

Participants must be able to carry luggage, packs, and/or equipment, sit, or stand for over 2 hours, be in good health, mobile, able to participate in 3-5 hours of physical activity per day, and walk on uneven and/or varied terrain up to five miles at a 2.5-mph pace over the course of the day and/or for multiple consecutive days [may include moderate elevation changes.]

Activity Rating Level 4

Participants must be able to carry luggage, packs, and/or equipment; sit or stand for over 2 hours; be in excellent health, extremely mobile, and used to an active lifestyle. Program activities may require up to 6 hours of strenuous, moderate- to fast-paced activity per day, equivalent to hiking 6 to 10 miles at a 3-mph pace over uneven and/or varied terrain [may include moderate to intense elevation changes]. A conditioning regimen is recommended, beginning at least 2-3 months prior to departure that includes hiking [preferably], walking or some other form of cardiovascular exercise [swimming, cycling] in order to prepare for the activity in this adventure.

Activity Rating Level 5

Participants must be able to carry luggage, packs, and/or equipment; sit or stand for over 3 hours; have a high level of physical fitness and appropriate expertise in the program activities [e.g. hiking, climbing, rafting, etc.]; and should expect full days of fast-paced, strenuous physical challenges [may include moderate to intense elevation changes]. A conditioning regimen is recommended, beginning at least 2-3 months prior to departure that includes hiking [preferably], walking or some other form of cardiovascular exercise [swimming, cycling] in order to prepare for the activity in this adventure.

***Trip activities may vary. Not all trips will include all aspects of the assigned activity rating. For more information on individual trip activity levels, or to request special accommodations, please contact Experiential Learning at 928-717-7755.**

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■ DUFF SPRINGS

Video ID #ONL1 • \$15

Alexander Duff came to Arizona Territory in 1879, as a trapper, prospector, and market hunter, married to a Shoshone Indian woman. He left the territory in 1906 as a respected hotel and mercantile owner. Duff homesteaded at a beautiful spot on the Verde River, overlooked by a centuries-old cliff dwelling, where a crystal-clear spring bears his name. Join this exploration of Duff's story and of some of the history and natural features.

■ JOHNSON CANYON

Video ID #ONL2 • \$20

When the Santa Fe Railroad was constructing their line across northern Arizona in the early 1880s, they overcame many physical obstacles in the rugged landscapes they traversed. One of the more difficult was the steep drop westwards off the Coconino Plateau, between Williams and Ash Fork. Our explorations will include some strange and interesting natural features, and the story of rancher and homesteader George Johnson, after whom the canyon is named.

■ NORTHERN BRADSHAW

Video ID #ONL3 • \$20

In 1863, during the height of the Civil War, several parties of intrepid prospectors discovered gold in the flanks of what became known as the Bradshaw Mountains. While the Walker party was most notable, the range was named for William Bradshaw, who died under mysterious circumstances in December 1864. We will explore the northern part of the range, which overlooks Prescott, visiting old mine sites, ghost communities, homesteads, and the historic Palace Station, established by the Spence family in 1875.

■ THE MOQUI STAGE ROAD TO GRAND CANYON

Video ID #ONL4 • \$25

In 1903, two young girls traveled to the Grand Canyon with their families. They rode from Flagstaff to the Canyon by stagecoach, stayed in the historic, long extinct Grand View Hotel and took a 3-day trip by burro into the Canyon with Captain John Hance, the Canyon's first tour operator and renowned storyteller. Chris Wuehrmann re-creates their journey to the Canyon via the route of the Moqui Stage. We will hear about their histories as miners and tour operators in the Grandview Point area, and little-known histories of other Northern Arizona pioneers and places.

■ PROSPECTORS, MINERS, AND THE IMPOSSIBLE RAILROAD IN THE SOUTHERN BRADSHAW MOUNTAINS

Video ID #ONL5 • \$25

In 1863, during the height of the Civil War, several parties of prospectors discovered gold in what became known as the Bradshaw Mountains. We'll explore the southern part of the range, visiting desert communities like Cleator, Bumblebee, and the mountain town of Crown King. We will talk about the original Yavapai Indian inhabitants, the challenges of passage via rail, and some history of mining in the rugged and forbidding landscape of the Southern Bradshaws.

■ EXPLORING DATE CREEK: NATIVE PEOPLES AND TERRITORIAL FORTS TO MODERN RANCHERS

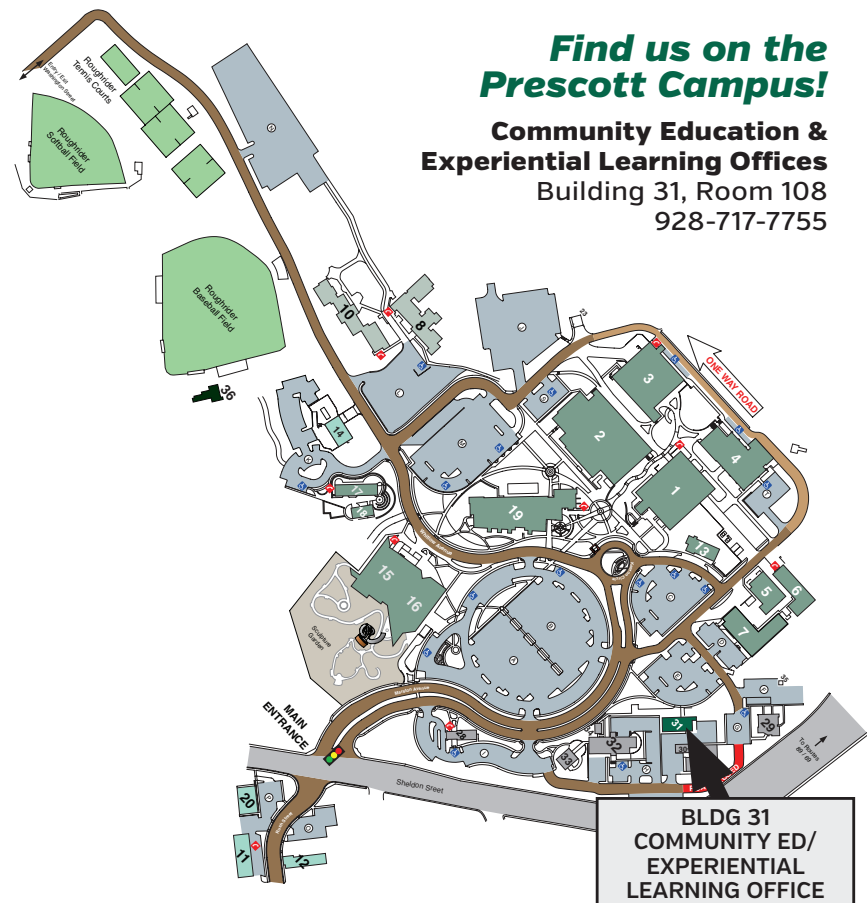
Video ID #ONL6 • \$25

Date Creek flows from the crest of the Weaver Mountains above Yarnell west into a vast desert plain, studded with rugged mountain ridges, finally joining the Santa Maria River above Alamo Lake. Originally home to the Yavapai People, Date Creek's first Anglo visitors were led by Charles Genung in 1863, who upon seeing one of the creek's green valleys declared it to be the Garden of Eden. Near this spot the military post of Camp Date Creek operated from 1867-1874. We will explore this little-known landscape, seeing ancient rock art, viewing the ruins of Camp Date Creek, and visiting with modern ranchers.

■ THE LAND BETWEEN THE CANYONS

Video ID #ONL7 • \$25

Leading southwards into Verde Valley are two spectacular red rock canyons. To the east, well-known Oak Creek Canyon is followed by highway, although the west flanks are wilderness area. To the west, lightly visited Sycamore Canyon is entirely a wilderness area. Between the lower ends of these canyons is more wilderness area offering utterly amazing views, exotic volcanic features, and steep and wild canyons. Enjoy exploring this wild country and rugged back roads. We'll talk about geology, natural history, forest management and logging railroads. We'll also talk about the handful of early pioneers who braved this remote wilderness; and the historic logging railroads that once traversed the area.



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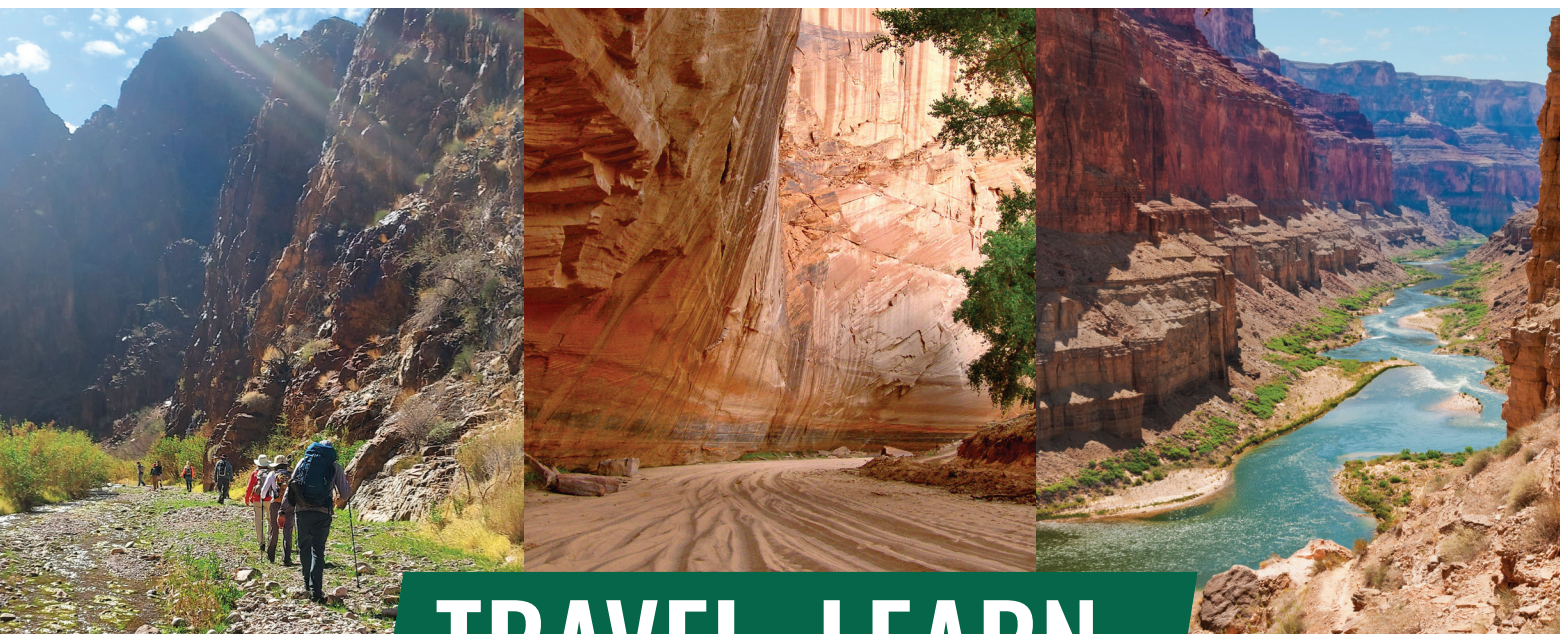
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